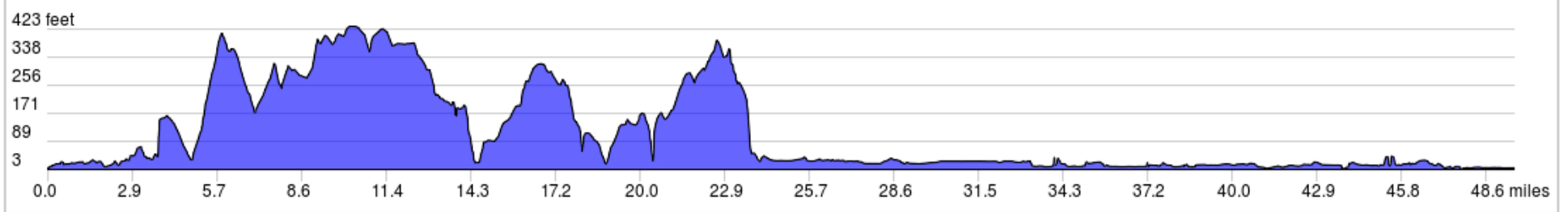
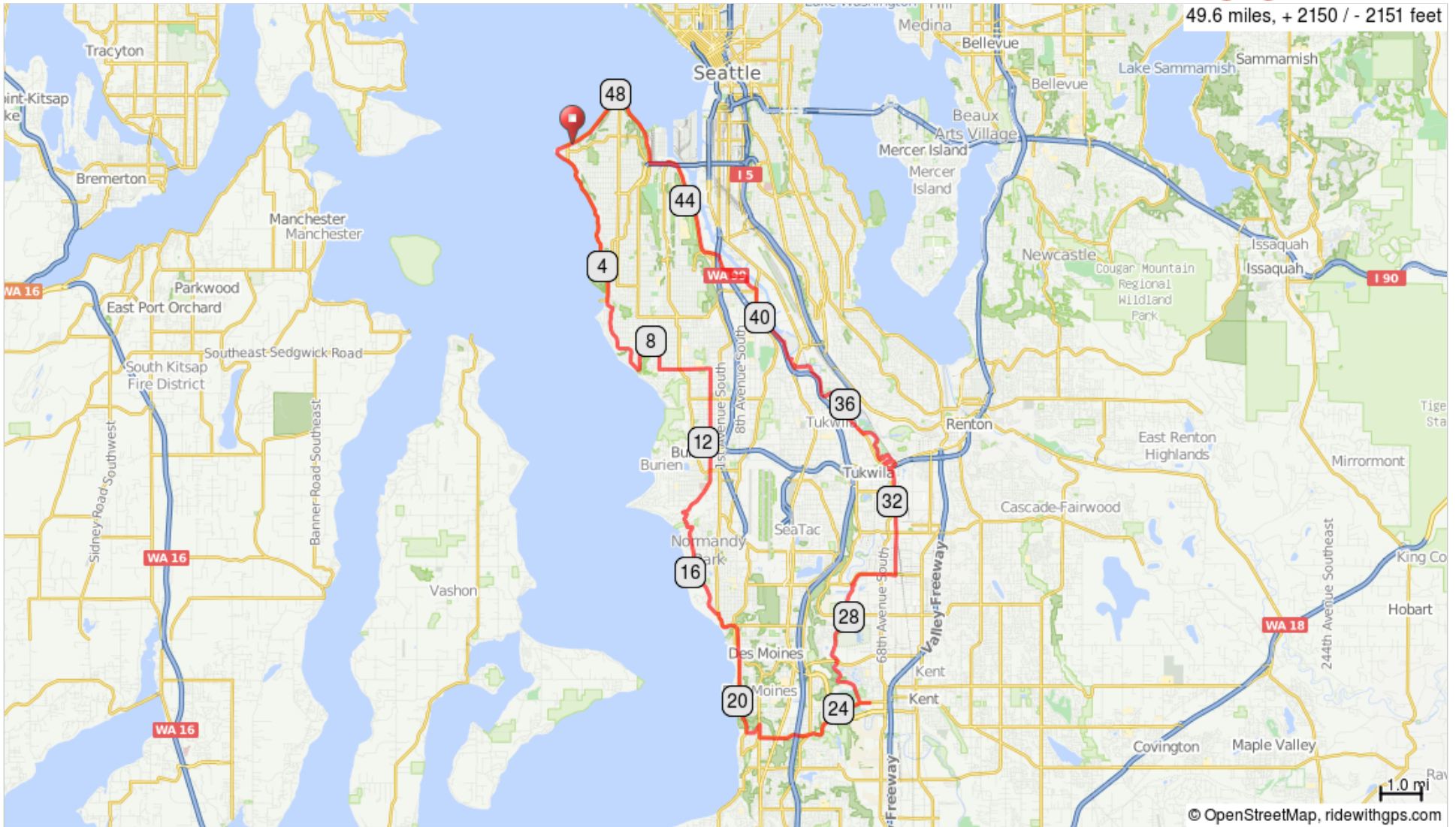


West Seattle to Kent - Final



49.6 miles, + 2150 / - 2151 feet



West Seattle to Kent - Final

0.0	0.0	▀	Start of route
0.1	0.1	→	R to stay on Alki Ave SW
0.5	0.4	↑	Continue onto Beach Dr SW
0.9	0.3	→	R to stay on Beach Dr SW
3.3	2.5	←	L onto Lincoln Park Way SW. REGROUP
4.2	0.9	→	R onto Fauntleroy Way SW
4.9	0.7	←	Slight L onto SW Wildwood Pl
5.1	0.1	→	R onto 45th Ave SW
5.3	0.2	↑	Continue onto Marine View Dr SW. REGROUP AT TOP at 104th (near bus stop)

5.3 miles. +364/-221 feet

7.0	1.7	↑	Continue onto 35th Ave SW as road loops around.
7.7	0.6	→	R onto SW 106th St. At bottom of hill optional side trip to Seola beach.
8.1	0.5	→	R onto 26th Ave SW
8.8	0.6	←	L onto SW 116th St
10.0	1.2	→	R onto 4th Ave SW
11.9	1.9	→	R onto SW 146th St
12.0	0.1	←	L on 6th SW, Bathrooms at Community Center
12.1	0.1	↑	Make a U-turn
12.1	0.0	→	R onto SW 146th St
12.2	0.1	→	R onto 4th Ave SW
13.1	0.9	↑	Continue onto Sylvester Rd SW

7.8 miles. +496/-429 feet

14.1	1.0	←	L onto SW 172nd St. EASY TO MISS
14.2	0.1	↑	Becomes SW 174th
14.5	0.2	↑	Continue onto SW 175th Pl
14.5	0.1	↑	Continue onto 12th Ave SW
14.6	0.1	←	L onto SW Shorebrook Dr. REGROUP at top of hill.
14.7	0.1	→	R onto Marine View Dr SW
17.4	2.6	↑	Continue onto SW 211th St
17.4	0.1	→	R onto 1st Avenue South
17.7	0.3	↑	Continue onto S 216th Pl. Careful of traffic.

4.7 miles. +313/-317 feet

18.1	0.3	↑	Continue onto Marine View Dr S
18.8	0.8	→	Slight R to stay on Marine View Dr S
20.7	1.9	←	L onto S 258th St
20.9	0.1	↑	Continue onto 14th Pl S
21.2	0.3	→	Sharp R onto 16th Ave S
21.5	0.3	←	L onto S 260th St
22.2	0.7	↑	Continue onto S 259th Pl
22.7	0.5	↑	Continue onto S Reith Rd
23.9	1.2	←	Slight L onto W Meeker St. This is a center lane. Careful of traffic. Lunch at Subway. After Lunch: Head west 1/4 mile back to Russell Rd

6.2 miles. +641/-654 feet

25.2	1.3	→	R onto Russell Rd
25.6	0.4	↑	Continue onto Green River Trail
26.7	1.0	←	L to stay on Green River Trail
26.7	0.1	←	L onto Russell Rd
28.1	1.4	←	Slight L onto Green River Trail
29.0	0.9	←	L onto Russell Rd
29.1	0.1	→	R to get off trail at 200th due to construction. REGROUP.
29.1	0.0	→	R onto Russell Rd, becomes 196th
30.2	1.0	→	After crossing W Valley Hwy. bear R where bike lane ends to get on bike trail.

6.2 miles. +44/-49 feet

31.3	1.1	↑	Take bike over/underpass heading north
32.8	1.5	←	Slight L to stay on Interurban Trail
33.5	0.7	→	R onto Green River Trail and follow trail into Fort Dent. Bathroom stop at Fort dent.
35.4	2.0	↑	Continue straight to stay on Green River Trail
37.2	1.7	→	Slight R to stay on Green River Trail. Eventually curves L and around near business park.
38.7	1.5	←	L to stay on Green River Trail
39.2	0.5	←	Slight L onto W Marginal PI S

9.1 miles. +110/-122 feet

40.2	1.0	↑	Continue onto 14th Ave S
40.8	0.6	←	L onto Dallas Ave S
41.1	0.3	→	Slight R onto 10th Ave S
41.2	0.1	↑	Continue L onto S Kenyon St
41.6	0.4	→	R onto 5th Ave S
41.7	0.1	←	L onto S Holden St
41.9	0.2	→	R onto Duwamish Bikeway
42.3	0.4	←	L to stay on Duwamish Bikeway and R on West Marginal Way
43.1	0.8	▀	Continue to follow West Marginal way to Alki Bike Trail
45.4	2.4	→	Slight R to stay on Alki Trail. Cross Delridge/Spokane St

6.2 miles. +108/-85 feet

46.1	0.6	→	Slight R to stay on Alki Trail (Harbor Ave)
47.9	1.8	↑	Continue onto Alki Ave SW
49.3	1.4	→	Continue on Trail and finish at 61st and Alki
49.6	0.3	▀	End of route

4.1 miles. +32/-44 feet