Springtime on the Eastside-short 2019 updated

Dist	Prev	Note	Next
0.0	0.0	Start of route	0.3
0.3	0.3	Exit park straight to stay on NE 120th PI	0.9
1.2	0.9	Slight R onto Juanita Woodinville Way NE	1.1
2.3	1.1	L onto NE 145th St	0.6
2.9	0.6	R onto 100th Ave NE	1.4
4.3	1.4	R on sidewalk along NE Bothell Way	0.0
4.3	0.0	R onto Sammamish River Trail	0.1
4.4	0.1	Keep L to stay on Sammamish River Trail	1.5
5.9	1.5	Slight L onto North Creek Trail	0.6
6.5	0.6	R to stay on North Creek Trail	0.1
6.6	0.1	Slight R to stay on North Creek Trail	0.3
6.9	0.3	R onto Beardslee Blvd	0.4
7.3	0.4	R onto North Creek Trail	0.2

7.3 miles. +351/-343 feet

Dist	Prev	Note	Next
15.6	0.5	L into QFC/Starbucks parking lot; lunch stop 30 min	0.1
15.7	0.1	Exit L onto 160th Ave NE	0.2
15.9	0.2	R onto NE 85th St	0.2
16.1	0.2	R onto Sammamish River Trail	0.0
16.1	0.0	Sharp L to stay on Sammamish River Trail	0.8
16.9	8.0	R to cross bridge onto 520 Bike Trail (sidewalk)	0.9
17.7	0.9	R toward NE 60th St	0.0
17.8	0.0	L onto NE 60th St	0.0
17.8	0.0	L onto Microsoft Redwest campus access road	0.1
17.9	0.1	R onto Microsoft W Campus Access Rd	0.6
18.5	0.6	R toward 520 Bike Trail	0.1
18.6	0.1	R toward 520 Bike Trail	0.0

3.5 miles. +367/-113 feet

Dist	Prev	Note	Next
7.5	0.2	Rest room stop	0.5
8.0	0.5	R onto 120th Ave NE	0.8
8.8	8.0	R onto 132nd Ave NE and use sidewalk	0.1
8.9	0.1	Continue onto 131st Ave NE; stay on sidewalk	0.2
9.1	0.2	R onto NE 177th PI	0.0
9.1	0.0	R onto 130th Ave NE	0.1
9.2	0.1	L onto NE 178th St	0.3
9.4	0.3	L onto Sammamish River Trail	0.4
9.9	0.4	Rest room break and continue onto Sammamish River Trail	5.1
15.0	5.1	L to exit Sammamish River Trail	0.1
15.0	0.1	Continue onto NE 102nd Way	0.0
15.1	0.0	R onto 160th Ave NE	0.5

7.8 miles. +205/-201 feet

Dist	Prev	Note	Next
18.6	0.0	R onto 520 Bike Trail	0.3
18.9	0.3	Crosswalk	1.5
20.4	1.5	Cross 148th to stay on 520 Bike Trail	1.8
22.2	1.8	L onto NE 24th St	0.3
22.5	0.3	R onto Northup Way	1.3
23.8	1.3	Slight R onto Lake Washington Blvd NE	2.3
26.1	2.3	L onto Central Way	0.1
26.2	0.1	R onto Market St	0.1
26.3	0.1	L onto Waverly Way	0.7
27.0	0.7	R onto 6th St W	0.3
27.3	0.3	L onto 16th Ave W	0.3
27.5	0.3	R onto 10th St W	0.1
27.7	0.1	L onto 10th St W/18th Ave W	0.1

9.1 miles. +462/-674 feet

Dist	Prev	Note	Next
27.8	0.1	Slight L onto Old Market Street Trail	0.1
27.9	0.1	Slight R to stay on Old Market Street Trail	0.6
28.6	0.6	Slight L onto sidewalk along 98th Ave NE	0.1
28.7	0.1	L onto sidewalk along NE Juanita Dr	0.1
28.8	0.1	End of route	0.0

1.1 miles. +29/-33 feet