

South Kirkland Bellevue loop

Dist	Prev	Note	Next
0.0	0.0	Start of route	0.1
0.1	0.1	R onto 18th Ave	0.3
0.4	0.3	L onto 3rd St	1.0
1.5	1.0	R onto Kirkland Ave	0.1
1.6	0.1	L onto Lake St S	2.2
3.8	2.2	R onto NE Points Dr	0.1
3.9	0.1	L toward 520 Trail; ride west	1.8
5.7	1.8	L onto Evergreen Point Rd into Overlook; regroup	0.0
5.8	0.0	Exit Overlook R onto Evergreen Point Road	1.5
7.2	1.5	L onto Overlake Dr W	1.5
8.8	1.5	Slight R onto Lake Washington Blvd NE	0.9
9.7	0.9	R onto 102nd Ave SE	0.4

9.7 miles. +506/-643 feet

Dist	Prev	Note	Next
13.2	0.1	L onto I-90 Trail/Mountains to Sound Greenway Trail	0.5
13.7	0.5	Continue onto SE 36th St	0.8
14.6	0.8	L onto 142nd PI SE	0.3
14.9	0.3	R onto SE 32nd St	0.4
15.3	0.4	At the traffic circle, 1st exit onto Landerholm Cir SE	0.2
15.4	0.2	L onto sidewalk to cross 148th Ave SE, stay on sidewalk	0.5
15.9	0.5	L onto 156th Ave SE	0.8
16.7	0.8	R onto Lake to Lake Trail	0.6
17.3	0.6	L onto 164th Ave SE	2.3
19.6	2.3	R onto NE 24th St	0.7
20.3	0.7	L onto 175th Ave NE	0.3

7.1 miles. +594/-293 feet

Dist	Prev	Note	Next
10.1	0.4	L onto SE 6th St	0.1
10.2	0.1	R onto sidewalk along Bellevue Way SE	0.1
10.3	0.1	R onto 104th Ave SE	1.2
11.5	1.2	Slight L onto SE 28th St	0.0
11.6	0.0	Slight R onto 105th Ave SE	0.1
11.7	0.1	Continue onto SE 30th St	0.1
11.8	0.1	R onto 106th Ave SE	0.3
12.1	0.3	R onto 108th Ave SE	0.1
12.1	0.1	L	0.1
12.3	0.1	Exit R toward SE Lake Rd	0.0
12.3	0.0	R onto SE Lake Rd; Enatai rest stop	0.9
13.1	0.9	R onto Mountains to Sound Greenway Trail	0.1

3.5 miles. +175/-187 feet

Dist	Prev	Note	Next
20.6	0.3	R onto 174th Ave NE	0.1
20.8	0.1	Continue onto NE 28th St	0.2
21.0	0.2	R onto 172nd Ave NE	1.0
21.9	1.0	L onto West Lake Sammamish Pkwy NE	0.3
22.2	0.3	R to stay on West Lake Sammamish Pkwy NE	0.5
22.8	0.5	Slight R onto SRT	0.3
23.1	0.3	Continue on Sammamish River Trail	0.1
23.2	0.1	L to stay on Sammamish River Trail	0.5
23.7	0.5	Slight R to stay on Sammamish River Trail	0.1
23.8	0.1	L to stay on SRT and cross bridge	0.1
23.8	0.1	L to stay on Sammamish River Trail	0.9
24.7	0.9	R to stay on Sammamish River Trail	0.1
24.9	0.1	R onto NE 90th St	0.1

4.6 miles. +60/-365 feet

Dist	Prev	Note	Next
25.0	0.1	R onto 160th Ave NE	0.1
25.1	0.1	30 minuet lunch stop	0.0
25.1	0.0	R onto 161st Avenue Northeast/Lampaert Lane	0.2
25.3	0.2	R onto NE 85th St	0.4
25.8	0.4	L onto 154th Ave NE	0.5
26.3	0.5	Hard R onto West Lake Sam Blvd	0.1
26.3	0.1	L onto Old Redmond Rd	1.9
28.3	1.9	Continue onto NE 70th Pl	1.1
29.3	1.1	R onto 116th Ave NE	0.4
29.7	0.4	Slight L to cross road to trail access	0.0
29.7	0.0	L to cross Ped. bridge	0.1
29.8	0.1	Continue onto 116th Ave NE	0.1
30.0	0.1	R onto Ohde Ave	0.1

5.1 miles. +471/-235 feet

Dist	Prev	Note	Next
30.1	0.1	R onto Kirkland Way	0.1
30.2	0.1	Continue onto 114th Ave NE	0.1
30.3	0.1	L onto NE 87th St	0.5
30.8	0.5	At the traffic circle, continue straight to stay on 7th Ave	0.3
31.1	0.3	R onto 2nd St	0.8
31.9	0.8	R onto 19th Ave	0.4
32.3	0.4	R at 6th St	0.0

2.4 miles. +201/-192 feet