Lower Lake Washington/Mercer Island Loop


| 0.0 | 0.0 | $\rightarrow$ | Start of route |
| :---: | :---: | :---: | :--- |
| 0.0 | 0.0 | $\rightarrow$ | R toward Mill Ave S |
| 0.1 | 0.0 | $\rightarrow$ | R onto Mill Ave S |
| 0.2 | 0.2 | $\leftarrow$ | L onto Park Ave N |
| 1.4 | 1.2 | $\rightarrow$ | R to stay on Park Ave <br> N |
| 1.5 | 0.1 | $\leftarrow$ | L onto Lake <br> Washington Blvd N |
| 1.6 | 0.1 | $\rightarrow$ | Slight R onto Houser <br> Way N |
| 1.9 | 0.3 | $\leftarrow$ | L toward Lake <br> Washington Blvd N |
| 2.0 | 0.1 | $\leftarrow$ | L toward Lake <br> Washington Blvd N |
| 2.0 | 0.0 | $\rightarrow$ | R toward Lake <br> Washington Blvd N |
| 2.0 | 0.0 | $\leftarrow$ | L toward Lake <br> Washington Blvd N |
| 2.1 | 0.0 | $\rightarrow$ | R toward Lake <br> Washington Blvd N |


| 2.1 | 0.0 | $\leftarrow$ | L onto Lake <br> Washington Blvd N |
| :---: | :---: | :---: | :--- |
| 3.9 | 1.8 | $\uparrow$ | Continue onto N 44th <br> St |
| 4.0 | 0.1 | $\leftarrow$ | L onto Seahawks <br> Way |
| 4.4 | 0.4 | $\uparrow$ | Continue onto Ripley <br> Ln N |
| 4.4 | 0.1 | $\uparrow$ | R |
| 5.2 | 0.7 | $\rightarrow$ | Slight R onto 106th <br> Ave SE |
| 5.9 | 0.7 | $\uparrow$ | Continue straight <br> onto Lake <br> Washington Blvd SE |
| 6.4 | 0.5 | $\uparrow$ | R |
| 7.1 | 0.7 | $\rightarrow$ | R onto Newport Key |
| 7.1 | 0.0 | $\leftarrow$ | L onto Lake <br> Washington Blvd SE |
|  |  |  |  |


| 7.7 | 0.6 | $\leftarrow$ | Slight L onto <br> Mountain to Sound <br> Greenway |
| :---: | :---: | :---: | :--- |
| 7.7 | 0.1 | $\leftarrow$ | L onto I-90 Trail |
| 8.7 | 1.0 | $\rightarrow$ | R to stay on I-90 Trail |
| 9.3 | 0.6 | $\leftarrow$ | L onto E Mercer Way |
| 19.9 | 10.6 | $\leftarrow$ | L onto I-90 Trail |
| 21.9 | 1.9 | $\rightarrow$ | R |
| 21.9 | 0.0 | $\leftarrow$ | L onto S Irving St |
| 21.9 | 0.0 | $\rightarrow$ | R onto Lake <br> Washington Blvd S |
| 22.0 | 0.1 | $\uparrow$ | Continue straight to <br> stay on Lake <br> Washington Blvd S |
| 22.6 | 0.6 | $\leftarrow$ | Slight L to stay on <br> Lake Washington <br> Blvd S |
| 23.0 | 0.4 | $\rightarrow$ | R onto Lakeside Ave |
| 24.3 | 1.2 | $\uparrow$ | Continue onto Lake <br> Washington Blvd S |

17.2 miles. +1127/-1115 feet

| 27.3 | 3.0 | $\leftarrow$ | Keep L to stay on <br> Lake Washington <br> Blvd S |
| :---: | :---: | :---: | :--- |
| 27.5 | 0.2 | $\leftarrow$ | L onto S Juneau St |
| 27.6 | 0.1 | $\leftarrow$ | L onto Lake <br> Washington Blvd S |
| 27.6 | 0.0 | $\rightarrow$ | R onto S Juneau St |
| 27.6 | 0.1 | $\leftarrow$ | L onto Seward Park <br> Ave S |
| 28.1 | 0.4 | $\leftarrow$ | L to stay on Seward <br> Park Ave S |
| 29.9 | 1.8 | $\leftarrow$ | L onto Rainier Ave S |
| 32.6 | 2.7 | $\leftarrow$ | L toward W Perimeter <br> Rd |
| 32.6 | 0.0 | $\rightarrow$ | R onto W Perimeter <br> Rd |
| 32.8 | 0.2 | $\leftarrow$ | Slight L to stay on W <br> Perimeter Rd |
| 33.5 | 0.7 | $\leftarrow$ | Slight L to stay on W <br> Perimeter Rd |

9.2 miles. $+249 /-246$ feet

| 33.6 | 0.1 | $\leftarrow$Slight L to stay on W <br> Perimeter Rd |  |
| :---: | :---: | :---: | :--- |
| 33.6 | 0.0 | $\rightarrow$ | R onto Perimeter Rd <br> W |
| 33.7 | 0.0 | $\uparrow$ | Continue onto <br> Shattuck Ave S |
| 33.7 | 0.0 | $\uparrow$ | Continue straight to <br> stay on Shattuck Ave <br> S |
| 33.7 | 0.1 | $\leftarrow$ | L onto S Tobin St |
| 33.9 | 0.2 | $\rightarrow$ | R onto Logan Ave S |
| 34.2 | 0.3 | $\leftarrow$ | L onto S 3rd St |
| 34.5 | 0.3 | $\leftarrow$ | L onto Mill Ave S |
| 34.5 | 0.0 | $\rightarrow$ | R |
| 34.5 | 0.0 | $\leftarrow$ | L |
| 34.6 | 0.0 | $\oplus$ | End of route |

1.1 miles. $+1 /-0$ feet

