

Lake Washington CW from Kenmore

0.0	0.0	▀	Start of route
0.7	0.7	→	R onto 68th Ave NE
1.1	0.4	↑	Continue onto Juanita Dr NE
6.3	5.2	→	R onto 98th Ave NE
7.0	0.7	↑	Continue onto Market St
8.3	1.3	↑	Continue onto Lakeshore Plaza Dr at Marina Pk
8.5	0.2	→	R onto Lake St
9.1	0.6	↑	Continue onto Lake Washington Blvd NE
10.6	1.5	←	L onto NE 38th Pl
10.9	0.4	→	R onto 108th Ave NE
11.2	0.3	↑	Continue onto 112th Ave NE
13.2	1.9	←	L onto NE 2nd St at the Azteca Restaurant
13.2	0.1	→	Slight R onto Lake Washington Blvd SE
16.2	3.0	→	R onto Newport Key
16.2	0.0	→	R onto trail
16.9	0.7	←	L onto Lake Washington Blvd SE

16.9 miles. +1165/-1112 feet

17.4	0.5	↑	Continue onto 106th Ave SE
18.0	0.6	←	BL, enter Lk. WA trail
18.9	0.9	←	L onto Ripley Ln N/Seahawks Way
19.3	0.4	→	R onto N 44th St; bc Lk WA Blvd N
21.2	1.9	→	R into Gene Coulon Park; restrooms, water, food
21.3	0.1	→	R to exit on Park road
21.6	0.4	→	R onto Lake Washington Blvd N
21.8	0.1	→	R onto Park Ave N
21.9	0.1	↑	Continue onto Logan Ave N on trail
23.0	1.1	→	R onto trail toward E Perimeter Rd after cross bridge
23.0	0.0	←	Sharp L onto E Perimeter Rd
23.4	0.3	←	Slight L onto W Perimeter Rd
24.3	0.9	←	L toward Rainier Ave N
24.3	0.0	→	R onto Rainier Ave N

7.4 miles. +166/-234 feet

27.0	2.7	→	R onto 56th Ave S/Seward Park Ave S
28.8	1.8	→	R to stay on Seward Park Ave S
29.2	0.4	→	R onto S Juneau St
29.3	0.1	←	L onto Lake Washington Blvd S
32.5	3.2	↑	Continue onto Lakeside Ave S
33.7	1.2	↑	Continue onto Lake Washington Blvd
35.9	2.2	→	Slight R up a hill onto Arboretum bike trail
36.9	1.0	←	Slight L onto E Foster Island Rd
37.1	0.1	→	R onto Lake Washington Blvd E
37.5	0.4	→	R onto 24th Ave E
37.6	0.1	→	R onto E Hamlin St
37.7	0.1	←	L onto E Shelby St
37.8	0.1	→	R onto Montlake Blvd E
37.9	0.1	→	R onto Husky Stadium south parking lot

13.6 miles. +627/-582 feet

38.5	0.6	→	R onto Walla Walla Rd
38.7	0.2	→	R to stay on Walla Walla Rd
38.7	0.0	←	Slight L to stay on Walla Walla Rd
39.3	0.5	↑	Continue onto Union Bay Cir
39.4	0.1	↑	Continue straight onto NE 44th St
39.5	0.1	←	L onto 37th Ave NE
39.5	0.0	→	R onto NE 45th St
39.5	0.0	←	L onto Railroad Ave NE
39.6	0.1	→	R onto Burke Gilman Trail
47.9	8.4	←	L onto NE 175th St; end of ride
48.0	0.0	▀	End of route

10.1 miles. +236/-225 feet