Kirkland - Bellevue loop 30.7 JB start

| 0.0 | 0.0 | Start of route |
| :--- | :--- | :--- |
| 0.0 | 0.0 | L toward NE Juanita Dr |
| 0.1 | 0.0 | R onto NE Juanita Dr |
| 0.2 | 0.1 | R onto 98th Ave NE |
| 0.3 | 0.1 | Slight R onto Old Market Street Trail |
| 0.8 | 0.5 | Continue onto 98th Ave NE |
| 1.2 | 0.4 | R onto 18th Ave W |
| 1.2 | 0.0 | L onto 6th St W |
| 1.6 | 0.4 | L onto Waverly Way |
| 2.2 | 0.6 | R onto Market St |
| 2.3 | 0.1 | Continue onto Lakeshore Plaza Dr |
| 2.4 | 0.0 | L to stay on Lakeshore Plaza Dr |
| 2.4 | 0.0 | Slight R to stay on Lakeshore Plaza Dr |
| 2.5 | 0.1 | L onto Kirkland Ave |

2.5 miles. +177/-182 feet

| 10.8 | 0.1 | R onto 102nd Ave NE |
| :---: | :---: | :--- |
| 11.3 | 0.5 | L onto SE 6th St |
| 11.4 | 0.1 | R onto sidewalk along Bellevue Way SE |
| 11.5 | 0.1 | Exit sidewalk onto 104th Ave SE |
| 12.8 | 1.2 | Slight L onto SE 28th St |
| 12.8 | 0.0 | Slight R onto 105th Ave SE |
| 12.9 | 0.1 | Continue onto SE 30th St |
| 13.0 | 0.1 | R onto 106th Ave SE |
| 13.3 | 0.3 | R onto 108th Ave SE |
| 13.3 | 0.1 | Continue onto SE Lake Rd |
| 13.5 | 0.2 | Slight L onto I-90 Trail |
| 14.2 | 0.7 | L onto 118th Ave SE |
| 15.8 | 1.6 | Continue onto 114th Ave SE |
| 16.5 | 0.7 | R onto 114th Ave NE |

5.8 miles. +374/-408 feet

| 2.5 | 0.0 | R onto Lake St |
| :---: | :---: | :--- |
| 4.8 | 2.3 | R onto NE Points Dr |
| 4.8 | 0.1 | L toward 520 Trail |
| 4.9 | 0.0 | R onto 520 Trail |
| 5.5 | 0.7 | Continue straight to stay on 520 Trail |
| 6.7 | 1.2 | L onto Evergreen Point Rd |
| 6.7 | 0.0 | Regroup at overlook |
| 6.8 | 0.1 | Exit overlook to go S. on Evergreen Point Rd |
| 8.3 | 1.5 | L onto Overlake Dr W |
| 9.8 | 1.5 | Slight R onto Lake Washington Blvd NE |
| 10.6 | 0.8 | L onto 100th Ave NE |
| 10.7 | 0.1 | R onto NE 1st St |
| 10.7 | 0.0 | L into Bellevue Downtown Park for restrooms |
| 10.7 | 0.0 | L onto NE 1st St |

8.3 miles. $+579 /-497$ feet

| 16.8 | 0.2 | R onto trail to 112th Ave NE |
| :--- | :--- | :--- |
| 16.9 | 0.1 | R onto 112th Ave NE |
| 17.2 | 0.3 | R onto NE 12th St |
| 17.5 | 0.3 | L onto 116th Ave NE |
| 18.2 | 0.7 | R onto Northup Way |
| 18.3 | 0.1 | L onto 116th Ave NE |
| 20.7 | 2.4 | R into Park and Ride-regroup |
| 20.9 | 0.2 | R onto NE 70th PI |
| 21.8 | 0.9 | R into Bridle Trails Shopping Center |
| 21.9 | 0.1 | R to Starbucks for coffee/lunch |
| 22.0 | 0.1 | L onto 132nd Ave NE |
| 25.0 | 3.0 | Continue onto NE 120th St |
| 25.3 | 0.3 | L onto Slater Ave NE |
| 25.6 | 0.3 | Continue straight onto NE 116th St |

9.1 miles. +587/-486 feet

| 25.6 | 0.0 | L onto 124th Ave NE |
| :---: | :--- | :--- |
| 25.7 | 0.1 | R onto NE 115th PI/Slater Ave NE |
| 26.7 | 1.0 | R at NE 100th St to cross 405 on overpass |
| 26.9 | 0.1 | L onto 117th PI NE |
| 27.1 | 0.3 | R onto NE 95th St |
| 27.4 | 0.3 | Sharp L onto 112th Ave NE |
| 27.9 | 0.5 | R onto 7th Ave |
| 28.6 | 0.7 | R onto 2nd St |
| 28.8 | 0.2 | L onto 10th Ave |
| 28.9 | 0.1 | R onto 1st St |
| 29.2 | 0.3 | L onto 15th Ave |
| 29.2 | 0.1 | R onto Market St |
| 29.8 | 0.6 | Continue onto 98th Ave NE |
| 30.5 | 0.7 | L onto NE Juanita Dr |

4.9 miles. $+287 /-462$ feet

