

# Gasworks to Seward, hilly route

0.0	▶	Start of route	0.1
0.1	➡	R onto Burke-Gilman Trail/Cheshiahud Lake Union Loop	0.1
0.2	⬆	Continue straight to stay on Burke-Gilman Trail/Cheshiahud Lake Union Loop	0.8
1.0	⬅	L onto Cheshiahud Lake Union Loop	0.0
1.0	➡	R to stay on Cheshiahud Lake Union Loop	0.1
1.1	➡	R onto Eastlake Ave NE	0.3
1.4	⬅	L onto Fuhrman Ave E	0.4
1.8	➡	R onto E Shelby St	0.1
1.9	⬅	L onto 11th Ave E	0.3
2.1	➡	11th Ave E turns slightly R and becomes E Roanoke St	0.0
2.2	⬅	L onto Delmar Dr E	0.1
2.3	➡	Slight R onto E Interlaken Blvd	0.7
2.9	➡	R onto Interlaken Dr E	0.3

2.9 miles. +193/-78 feet

3.2	➡	R to stay on Interlaken Dr E	0.3
3.4	⬅	L onto E Crescent Dr	0.1
3.5	➡	R to stay on E Crescent Dr	0.0
3.5	⬅	L to stay on E Crescent Dr	0.2
3.8	➡	R onto 24th Ave E	0.0
3.8	⬅	L onto E Galer St	0.1
3.9	➡	Slight R onto 26th Ave E	0.3
4.2	⬆	Continue onto 28th Ave E	0.3
4.6	⬆	Continue onto Martin Luther King Jr Way E	0.3
4.9	➡	R onto 32nd Ave E	0.3
5.1	⬅	Slight L onto E Denny Way	0.1
5.3	➡	R onto 34th Ave E	0.2
5.4	⬆	Continue straight onto Madrona Dr	0.5
5.9	➡	R onto Lake Washington Blvd	0.4
6.3	➡	Sharp R onto Fullerton Ave	0.0
6.3	➡	Slight R onto Lake Washington Blvd	0.1

3.4 miles. +185/-404 feet

6.4	⬆	Continue onto 38th Ave	0.0
6.4	⬅	L onto Norwood Pl	0.0
6.5	⬆	Continue onto Randolph Pl	0.1
6.6	➡	Randolph Pl turns R and becomes 37th Ave	0.1
6.6	⬅	L onto E Cherry St	0.2
6.8	➡	R onto 37th Ave	0.1
6.9	⬅	37th Ave turns L and becomes Randolph Pl	0.1
7.0	➡	Slight R onto Norwood Pl	0.0
7.0	➡	R onto 38th Ave	0.0
7.1	⬅	Slight L onto Fullerton Ave	0.3
7.4	➡	R onto E Alder St	0.2
7.6	⬆	Continue onto Lake Dell Ave	0.3
7.9	⬅	Lake Dell Ave turns L and becomes 32nd Ave	0.1
8.0	⬅	L onto S Washington St	0.0
8.0	⬆	Continue onto S Frink Pl	0.2
8.2	➡	R onto 34th Ave S	0.1

1.9 miles. +344/-327 feet

8.3	⬅	L onto S King St	0.1
8.3	➡	R onto 35th Ave S	0.1
8.4	➡	R onto S Lane St	0.0
8.5	⬅	L onto 35th Ave S	0.1
8.5	➡	R onto S Dearborn St	0.0
8.5	⬅	L onto Lake Washington Blvd S	0.3
8.9	➡	R onto S Irving St	0.1
9.0	⬅	L onto 32nd Ave S	0.1
9.0	➡	R onto S Day St	0.0
9.1	⬅	L onto 31st Ave S	0.8
9.9	➡	R onto S McClellan St	0.1
10.1	⬅	L onto Martin Luther King Jr Way S	0.2
10.2	➡	Keep R at the fork	0.0
10.2	➡	Slight R onto S Winthrop St	0.0
10.3	➡	Slight R to stay on S Winthrop St	0.1
10.3	⬆	Continue onto Cheasty Blvd S	1.2

2.1 miles. +231/-250 feet

11.6	←	L onto Beacon Ave S	0.4
11.9	←	L onto S Dawson St	0.0
11.9	➡	R onto Chief Sealth Trail	2.3
14.2	↑	Continue onto Lake Washington Blvd S	0.1
14.4	➡	R onto Lake Washington Blvd S	0.0
14.4	←	L onto Seward Park Rd	0.1
14.4	←	L onto S Juneau St	0.2
14.6	➡	Slight R to stay on Lake Washington Blvd S	3.0
17.7	←	L to stay on Lake Washington Blvd S	0.8
18.5	←	Slight L to stay on Lake Washington Blvd S	0.6
19.1	←	L to stay on Lake Washington Blvd S	0.4
19.5	←	L onto Lake Washington Blvd	0.7
20.1	←	L onto Madrona Dr	0.2
20.4	↑	R	0.1

10.0 miles. +453/-639 feet

20.5	←	L onto 40th Ave	0.1
20.5	↑	Continue onto E Olive St	0.0
20.6	➡	R onto Evergreen Pl	0.1
20.7	↑	Continue onto 39th Ave E	0.3
20.9	←	L onto Lake Washington Blvd E	0.2
21.1	←	L to stay on Lake Washington Blvd E	0.1
21.2	➡	Slight R onto 36th Ave E	0.5
21.7	←	Sharp L onto E Madison St	0.3
22.0	➡	Slight R onto 31st Ave E	0.0
22.0	➡	R onto Lake Washington Blvd E	1.1
23.2	←	L to stay on Lake Washington Blvd E	0.4
23.6	➡	R onto 24th Ave E	0.1
23.7	←	Slight L to stay on 24th Ave E	0.0
23.7	➡	R onto E Park Drive East	0.1
23.8	←	L onto E Shelby St	0.1

3.4 miles. +228/-300 feet

23.9	➡	R onto Montlake Blvd E	0.2
24.1	➡	R toward Burke-Gilman Trail	0.0
24.1	←	L toward Burke-Gilman Trail	0.1
24.2	➡	R toward Burke-Gilman Trail	0.1
24.3	←	L toward Burke-Gilman Trail	0.1
24.4	←	L toward Burke-Gilman Trail	0.0
24.4	➡	R onto Burke-Gilman Trail	0.0
24.4	←	Keep L to stay on Burke-Gilman Trail	0.4
24.8	←	Slight L to stay on Burke-Gilman Trail	0.1
24.8	➡	Slight R to stay on Burke-Gilman Trail	0.9
25.7	←	Slight L onto Burke-Gilman Trail/Cheshiahud Lake Union Loop	0.7
26.5	➡	R onto Stone Way N	0.2
26.7	🏁	End of route	0.0

2.9 miles. +84/-74 feet