

GOYB in Kirkland - mid lake loop

Dist	Prev	Note	Next
0.0	0.0	Start of route	0.0
0.0	0.0	Exit parking onto 5th Ave S	0.1
0.1	0.1	R onto 7th St S	0.2
0.4	0.2	L onto 9th Ave S	0.1
0.4	0.1	L onto 8th St S	0.2
0.6	0.2	R into Everest Park for restrooms	0.0
0.6	0.0	L onto 8th St S	0.2
0.8	0.2	R onto 9th Ave S	0.1
0.9	0.1	L onto 6th St S	0.1
1.0	0.1	Continue onto 108th Ave NE	2.0
3.0	2.0	Continue onto 112th Ave NE	1.9
5.0	1.9	L onto NE 2nd St	0.1
5.1	0.1	Slight R onto 114th Ave NE	0.7

5.1 miles. +360/-467 feet

Dist	Prev	Note	Next
13.4	0.1	Continue straight to stay on Lake Washington Blvd S	0.2
13.6	0.2	R onto S Dearborn St	0.1
13.7	0.1	L onto Lakeside Ave S	2.1
15.7	2.1	R onto Hillside Dr E	0.0
15.8	0.0	U turn and regroup	0.0
15.8	0.0	R onto Lake Washington Blvd E	0.5
16.3	0.5	Slight R onto Arboretum Trail	0.6
16.9	0.6	Slight R to stay on Arboretum Loop Trail	0.6
17.5	0.6	Cross E Foster Island Rd and go L	0.1
17.6	0.1	R onto Lake Washington Blvd E	0.4
18.1	0.4	R onto 520 Trail	0.1
18.1	0.1	Slight R to stay on 520 Trail	3.0

4.8 miles. +173/-247 feet

Dist	Prev	Note	Next
5.7	0.7	Continue onto 118th Ave SE	1.6
7.4	1.6	R onto I-90 Trail	1.0
8.3	1.0	R to stay on I-90 Trail/Mountains to Sound Greenway Trail	0.9
9.2	0.9	R to stay on I-90 Trail/Mountains to Sound Greenway Trail	1.1
10.3	1.1	Slight R to stay on I-90 Trail	0.6
10.9	0.6	Reststop; Aubrey Davis Park	0.3
11.2	0.3	Slight R onto I-90 Trail/Mountains to Sound Greenway Trail	1.9
13.2	1.9	L to stay on I-90 Trail/Mountains to Sound Greenway Trail	0.0
13.2	0.0	I90 viewpoint regroup	0.1
13.3	0.1	L onto S Irving St	0.0
13.3	0.0	R onto Lake Washington Blvd S	0.1

8.2 miles. +605/-502 feet

Dist	Prev	Note	Next
21.1	3.0	Slight R onto Evergreen Point Rd into Overlook; regroup	0.0
21.2	0.0	R onto 520 Trail	1.8
23.0	1.8	L toward NE Points Dr	0.0
23.0	0.0	R onto NE Points Dr	0.1
23.1	0.1	L onto Lake Washington Blvd NE	0.9
24.0	0.9	Slight R onto Lakeview	0.8
24.8	0.8	R onto 103rd Ave NE; U turn and regroup	0.0
24.9	0.0	Continue onto State St S	0.3
25.1	0.3	R onto 7th Ave S	0.2
25.3	0.2	L onto 5th Pl S	0.0
25.3	0.0	R to cross CKC into Chainline rear parking lot	0.1
25.4	0.1	Finish at 25.4 miles, 1468 feet elevation gain; you earned a refreshment at Chainline!	0.0

7.3 miles. +312/-268 feet

Dist	Prev	Note	Next
25.4	0.0	End of route	0.0

0.0 miles. +0/-0 feet