

Dist	Type	Note
0.0		Start of route
0.0		R onto 131st Ave NE
0.2		L onto NE 175th St
0.4		L onto Woodinville-Redmond Rd NE
2.1		L at Stimson Ln
2.1		R onto Sammamish River Trail
2.4		L to stay on Sammamish River Trail
2.4		Sharp L to stay on Sammamish River Trail
4.1		L to stay on Sammamish River Trail
4.1		R onto NE 124th St
4.5		R onto 154th PI NE
5.4		Continue onto NE 109th St
5.5		L onto 156th PI NE
5.7		156th PI NE turns R and becomes NE 112th St
6.1		R onto 162nd Ave NE
6.2		L onto NE 110th St

6.2 miles. +323/-79 feet

Dist	Type	Note
6.4		L onto 166th Ave NE
6.5		Slight R onto NE 111th St
6.9		L onto 172nd Ave NE
7.2		At the traffic circle, 1st exit onto NE 116th St
8.0		R onto Avondale Rd NE
9.3		L onto NE 95th St/Conrad Olson Road
9.7		L onto Evans Creek Trail
9.9		L into Perrigo Park
9.9		R onto Loop Path
10.1		REST STOP
10.2		R into parking lot
10.3		Sharp R onto 196th Avenue Northeast
10.8		At roundabout, take exit 1
10.8		Slight R onto Northeast Union Hill Road
12.1		L onto Avondale Way

5.9 miles. +84/-314 feet

Dist	Type	Note
12.4		R onto NE 79th St
12.7		R onto 166th Ave NE
12.8		L onto NE 80th St
12.9		R onto 164th Ave NE
13.3		Continue onto Woodinville-Redmond Rd NE
14.7		R onto Northeast 109th Street
14.7		L onto 156th Place Northeast
15.3		R onto 162nd Avenue Northeast
15.5		L onto Northeast 110th Street
15.6		L onto 166th Avenue Northeast
16.1		L onto 172nd Avenue Northeast
16.4		At roundabout, take exit 2 onto 172nd Avenue Northeast
18.4		L onto 172nd Avenue Northeast
18.5		Dismount & Walk Bike to NE 145th Street
18.7		R onto 168th Avenue Northeast

6.6 miles. +523/-65 feet

Dist	Type	Note
19.4		L onto NE 160th Street
20.1		R onto 158th Avenue Northeast
21.0		Slight R onto Northeast 173rd Street b/c NE 171st St.
22.4		End of route

3.7 miles. +1/-524 feet