

0.0	■	Start of route
0.0	→	R then head straight to NE 65th ST
0.9	→	R onto NE 65th St, cross Sand Point Way NE to bike trail, head up the street
1.0	←	L onto Burke-Gilman Trail
2.3	→	Exit the trail, R onto NE 51st St, caution - easy to miss.
2.3	←	L onto 39th Ave NE
2.6	↑	Continue onto NE Blakeley St
2.8	←	L onto NE 45th Pl
2.8	↑	Stay in L Lane and bear L onto Mary Gates Memorial Dr. NE, note heavy traffic at stop light.
2.9	→	R onto NE Clark Rd
3.3	←	L onto Walla Walla Rd
3.5	→	Slight R to stay on Walla Walla Rd
3.5	←	L to stay on Walla Walla Rd
3.7	←	L to go behind Husky Stadium
4.0	→	R follow parking lot to Light Rail station

4.0 miles. +128/-134 feet

4.2	←	L at new Light by Light Rail Station, ride on sidewalk, cross the Montlake Bridge
4.5	←	L onto E Hamlin St
4.6	→	R onto 24th Ave E proceed across 520 onto 24th Ave
4.7	←	L at alley
4.7	←	L onto E University Blvd
4.8	→	R onto Glenwild Pl E
4.8	←	L onto E Roanoke St
4.9	→	R onto 25th Ave E
5.1	←	L onto E Lynn St
5.2	→	R onto 26th Ave E
5.7	←	L onto E Galer St
5.7	→	Slight R onto 26th Ave E
5.8	↑	Good Regroup point!
5.9	↑	Continue onto 28th Ave E/E Prospect St
6.2	→	R onto E Roy St
6.2	←	L onto 28th Ave E

2.3 miles. +196/-121 feet

6.4	↑	Cross E. Madison @ Light
6.4	↑	Continue onto Martin Luther King Jr Way E
6.4	←	L onto E Harrison St
6.9	↑	REGROUP before heading down switchback.
6.9	←	L to stay on E Harrison St
6.9	→	R onto Lake Washington Blvd E
8.5	↑	Continue onto Lakeside Ave
9.8	↑	Continue onto Lake Washington Blvd S
12.8	←	Keep L to stay on Lake Washington Blvd S
13.0	←	L onto Seward Park Rd
13.0	↑	REST STOP @ Seward Park
13.0	←	L onto S Juneau St
13.1	→	R onto Lake Washington Blvd S
16.3	↑	Continue onto Lakeside Ave S
17.5	↑	Continue onto Lake Washington Blvd
19.0	←	L to stay on Lake Washington Blvd E

12.7 miles. +449/-491 feet

19.1	←	R onto Hillside Dr E
19.1	■	REGROUP after climbing switchbacks - R onto Lake Washington Blvd E.
19.4	←	Slight L to stay on Lake Washington Blvd E
19.4	→	Sharp R to stay on Lake Washington Blvd E
19.8	→	R at Arboretum Dr E, gear down for hill, watch for posts
19.8	→	Slight R onto Arboretum Dr E
19.8	↑	Caution - Ride slowly thru Arboretum
20.8	←	Slight L onto E Foster Island Rd
20.9	→	R onto Lake Washington Blvd E
20.9	↑	Take lane as you proceed thru the Stop Sign (by onramp to 520)
21.4	→	R onto 24th Ave E
21.5	→	R onto E Hamlin St
21.5	←	L onto E Shelby St

2.6 miles. +118/-226 feet

21.7	→	R onto Montlake Blvd E, ride on sidewalk to new Light by Light Rail transit station, R into Husky Stadium Parking lot
22.1	←	L onto Walla Walla Rd
22.4	→	R to stay on Walla Walla Rd
22.6	→	R to stay on Walla Walla Rd
22.6	←	Slight L to stay on Walla Walla Rd
22.8	→	R onto NE Clark Rd
23.2	→	R onto Mary Gates Memorial Dr NE
23.3	↑	Continue onto NE 41st St
23.4	←	L onto 36th Ave NE
23.6	→	Cross Sand Point Way @ light, bear R onto access road, then L up driveway at the end of the access road into the Parking Lot. Enter the Burke-Gilman Trail by Fence.
23.7	→	R onto Burke Gilman Trail
23.7	←	Slight L to stay on Burke Gilman Trail
24.1	←	Slight L toward Burke-Gilman Trail
24.1	↑	Continue onto Burke-Gilman Trail
25.2	→	R onto NE 65th St.

3.7 miles. +155/-116 feet

25.4	↑	Cross Sand Point Way NE at Light continue on NE 65th St
25.5	←	L onto 62nd Ave NE
25.6	→	Slight R to stay on 62nd Ave NE
25.9	←	L onto NE 74th St
25.9	→	R continue to Cascade Headquarters
26.4	▢	End of route

1.2 miles. +10/-67 feet